Eco Chearsley

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What you can do

- You could change your electricity to a renewable energy source
- Buy recycled eco friendly paper and other goods
- Recycle as much as you can
- If you see rubbish pick it UP and then wash your hands
- Buy local
- Think about food miles of your purchases

Food Waste

- If you buy food, eat it…..
- For food preparation don't buy clingfilm get some bees wax covers and wraps
- Re-use tubs you already own, when you go to the shops
- Go to the places(there is one in Thame) where you can take a tub and fill it up and pay per weight

Where to get eco friendly products

- Buy from eco-friendly providers such as "Who gives a crap" toilet roll company.

- And "splosh.com" wh you get cleaning products from and get refills to put in the bottle

Cars and other Vehicles

- Don't leave cars in idle
- Switch your engines off
- Think about hybrid or electric cars
- Do you need to use your car can you walk or cycle instead
- Can you lift share to save using multiple cars
- REMEMBER ALL CARS POLUTE IN SOME WAY

Smoking

- Smoking if you can try to stop
- Put it in the bin (chewing gum too)
- IF YOU HAVE THE DECENCY TO LIGHT IT HAVE THE DECENCY TO PUT IT IN THE BIN

Here is a video

- https://youtu.be/-Q0xUXo2zEY?t=141
- Press ctrl and click